



MURRUMBATEMAN LITTLE ATHLETICS CLUB SEASON 2022-23 - SESSION #6 06/12/2023

		Pink shading is a recorded event												
EVENT	Check-in	WARM-UP	TINY TOTS	SKILLS BASED GAMES	RUN 100M	RUN 200M	RUN 800M	RACE WALK SKILLS SESSION	RACE WALK	DISCUS	SHOT PUT	LONG JUMP	JAVELIN	BBQ / Farewells
LOCATION	Weather Shed	VILLAGE GREEN + MAIN OVAL	VILLAGE GREEN	VILLAGE GREEN	OUTER SPRINT TRACK	ROUND TRACK	ROUND TRACK	INNER SPRINT TRACK	ROUND TRACK	THROWS AREA STH	THROWS AREA NTH	JUMPS PIT	JAVELIN AREA	WEATHER SHED
EVENT SETUP	PARENTS, PLEASE ASSIST WITH SET UP PRIOR TO THE SESSION STARTING													
COACH		KRISTIN	JESS					KANE & BRENDON		KRISTIN	TERRY	MIKAYLA	FRANC	
5:45PM	ALL AGES													
6:00PM		ALL AGES												
6:10PM			TTs 6:40 Finish		U6		U13- U14 & U10			U9 500gr	U8 1.5kg	U7	U11- U12	
6:30PM					U11- U12	U7		U8,U9, U10				U6	U13- U14	
6:50PM				U6/U7	U8	U9		U13-U14 + U11-U12				U10		
7:10PM									U8 - U14					
7:30PM	COULD PARENTS PLEASE ASSIST WITH PACK UP AND LEAVE EQUIPMENT AT THE CONTAINER - THANKS!													ALL AGES
	FINISH													