



MURRUMBATEMAN LITTLE ATHLETICS CLUB SEASON 2023-24 - SESSION #2 08/11/2023

Pink shading is a recorded event



EVENT	Check-in	WARM-UP	TINY TOTS	SKILLS BASED GAMES	RUN 100M	RELAY SKILLS	THROW DISCUS	THROW SHOT PUT	RUN 400M	HIGH JUMP	THROW JAVELIN	BBQ / Farewells
LOCATION	Weather Shed	VILLAGE GREEN + MAIN OVAL	VILLAGE GREEN	VILLAGE GREEN	OUTER SPRINT TRACK	INNER SPRINT TRACK	SOUTH THROWS AREA	NORTH THROWS AREA	400M TRACK	MAIN OVAL	JAVELIN AREA	WEATHER SHED
EVENT SETUP	PARENTS, PLEASE ASSIST WITH SET UP PRIOR TO THE SESSION STARTING											
COACH			JESS			MIKAYLA	PAUL (U8)	KANE (U6/7s)		KATRINA	KANE (U8,U9)	
5:45PM	ALL AGES											
6:00PM		ALL AGES										
6:10PM			TTs 6:40 Finish		U9	U8		U6/U7	U10	U13- U17	U11- U12	
6:30PM					U11- U12	U6/U7	U13- U17	U10 2kg		U9 SCISSOR	U8 TURBO JAV	
6:50PM				U6/U7	U13- U17	U11- U12	U8 500gr			U10 SCISSOR	U9 TURBO JAV	
7:10PM					U8	U10			U9	U11- U12	U13- U17	
7:30PM	PARENTS, PLEASE ASSIST WITH PACK UP AND LEAVE EQUIPMENT AT THE CONTAINER - THANKS!											ALL AGES
	FINISH											