



MURRUMBATEMAN LITTLE ATHLETICS CLUB SEASON 2023-24 - SESSION #1 01/11/2023

EVENT	Check-in	WARM-UP	TINY TOTS	SKILLS / GAMES	HURDLES SKILLS	THROW DISCUS	RUN 100M	RUNNING SKILLS	THROW SHOT PUT	RUN 400M	THROW JAVELIN	BBQ / Farewells
LOCATION	Weather Shed	VILLAGE GREEN + MAIN OVAL	VILLAGE GREEN	VILLAGE GREEN	INNER SPRINT TRACK	SOUTH THROWS AREA	OUTER SPRINT TRACK	WEATHER SHED	NORTH THROWS AREA	400M TRACK	JAVELIN AREA	WEATHER SHED
EVENT SETUP	EACH GROUP WILL COLLECT THE EQUIPMENT THEY NEED FOR THEIR FIRST EVENT											
COACH		KRISTIN & DOM	JESS	JESS	MIKAYLA	KANE		KATRINA	KANE			
5:45PM	ALL AGES											
6:00PM		ALL AGES										
6:10PM			TTs		U6/U7	U9	U8	U10		U11-U12	U13-U17	
6:30PM					U8	U11-U12	U6/U7	U9		U13-U16	U10	
6:50PM				U6/U7	U11-U12	U10		U13-U16	U8	U9		
7:10PM					U13-U16		U10	U11-U12	U9	U8		
7:30PM	COULD PARENTS PLEASE ASSIST WITH PACK UP AND LEAVE EQUIPMENT AT THE CONTAINER - THANKS!											ALL AGES
	FINISH											