










MURRUMBATEMAN LITTLE ATHLETICS CLUB SEASON 2022-23 - SESSION #1 26/10/2022

												
EVENT	Check-in	WARM-UP	TINY TOTS	SKILLS / GAMES	S & C	THROW DISCUS	RUN 100M	RUNNING SKILLS	THROW SHOT PUT	RUN 400M	THROW JAVELIN	BBQ / Farewells
LOCATION	Weather Shed	VILLAGE GREEN + MAIN OVAL	VILLAGE GREEN	VILLAGE GREEN	VILLAGE GREEN	THROWS AREA	100M TRACK	WEATHER SHED	THROWS AREA	400M TRACK	JAVELIN AREA	WEATHER SHED
EVENT SETUP	SARAH / MIKAYLA		EACH GROUP WILL COLLECT THE EQUIPMENT THEY NEED FOR THEIR FIRST EVENT									
COACH			KRISTIN	KRISTIN	SARAH	KATRINA	MIKAYLA	KANE	BRIGID			
5:45PM	ALL AGES											
6:00PM		ALL AGES										
6:10PM			TTs		U7	U9	U8	U10	U6	U11- U12	U13- U17	
6:30PM					U8	U11- U12	U6	U9	U7	U13- U16	U10	
6:50PM				U6	U11- U12	U10	U7	U13- U16		U9	U8	
7:10PM					U13- U16		U10	U11- U12	U9	U8		
7:30PM	COULD PARENTS PLEASE ASSIST WITH PACK UP AND LEAVE EQUIPMENT AT THE CONTAINER - THANKS!											ALL AGES
	FINISH											