

MURRUMBATEMAN LITTLE ATHLETICS CLUB SEASON 2021-22 - SESSION #14 16/03/2022



EVENT	Check-in	WARM-UP	S & C	RUN 70M	RUN 100M	HURDLES	RUN 200M	DISCUS	SHOT PUT	HIGH JUMP	LONG JUMP	JAVELIN	BBQ / Farewells
LOCATION	Weather Shed	VILLAGE GREEN + MAIN OVAL	VILLAGE GREEN	SPRINTS TRACK B		SPRINTS TRACK A	ROUND TRACK	THROWS AREA STH	THROWS AREA NTH	MAIN OVAL	JUMPS PIT	JAVELIN AREA	WEATHER SHED
EVENT SETUP	U11-U16 FAMILIES ARE ROSTERED ON FOR EVENT SETUP THIS WEEK												
COACH		AMANDA / MIKAYLA	SARAH			MIKAYLA		BRIGID & PAUL		KANE	AMANDA		
5:45PM	ALL AGES												
6:00PM		ALL AGES											
6:10PM			U13- U16	U6 RELAY		U10 60mH 60cm	U9			U8 SCISSOR	U7	U11- U12	
6:30PM			U11- U12	U7 RELAY		U13-U16 90mH 76cm	U8		U6	U9 SCISSOR		U10 TURBO JAV	
6:50PM			U7	U9		U11-U12 90mH 60cm	U13- U16	U8		U10 SCISSOR	U6		
7:10PM	<p style="text-align: center;">4 x 400M RELAY KIDS Vs COACHES Vs PARENTS / HELPERS</p>												
7:30PM	COULD PARENTS PLEASE ASSIST WITH PACK UP AND LEAVE EQUIPMENT AT THE CONTAINER - THANKS!												ALL AGES
	FINISH												