

MURRUMBATEMAN LITTLE ATHLETICS CLUB SEASON 2021-22 - SESSION #2 03/11/2021



EVENT	Check-in	WARM-UP	RELAY SKILLS	S & C	THROW DISCUS	RUN 100M	HURDLES SKILLS	THROW SHOT PUT	LONG JUMP	RUN 300M	RUN 400M	THROW JAVELIN	BBQ / Farewells
LOCATION	Weather Shed	VILLAGE GREEN + MAIN OVAL	VILLAGE GREEN	HILL SPRINTS	THROWS AREA NTH	SPRINTS TRACK	MAIN OVAL	THROWS AREA STH	JUMPS PIT	ROUND TRACK	ROUND TRACK	JAVELIN AREA	WEATHER SHED
EVENT SETUP	U11-12 & U13-16 FAMILIES ARE ROSTERED ON FOR EVENT SETUP THIS WEEK												
COACH		SARAH / MIKAYLA	SARAH	AMANDA		MIKAYLA		AMANDA	KANE				
5:45PM	ALL AGES												
6:00PM		ALL AGES											
6:10PM			U6	U13- U16		U11- U12	U8 45CM		U10	U7		U9 TURBO JAV	
6:30PM			U8			U10	U7 30CM MINI	U11-12 2KG	U13- U16		U9	U6 VORTEX	
6:50PM			U10		U9 500G	U13- U16	U6 20CM MINI	U8 1.5KG	U7		U11- U12		
7:10PM			U9			U7 OPTIONAL	U11-12 60CM	U13- U16		U8		U10 TURBO JAV	
7:30PM	COULD PARENTS PLEASE ASSIST WITH PACK UP AND LEAVE EQUIPMENT AT THE CONTAINER - THANKS!												ALL AGES
	FINISH												